



Nr. 1

The Road to the Summer Pastures

See Rondane in the east, Dovrefjell and Reinheimen in the north, Breheimen in the west and Jotunheimen in the south. You can also see Galdhøpiggen if you take a detour to Læshø!

- 1a** From roundabout in the center, go 150 meters east along highway 15. Before you reach Fossheim Hotel, take to the right and go up the Ulstadvegen. In the middle of a U-swing the path turns to the field. The path then goes straight up the field and to the fenced pasture. Turn right in the path fork to follow route 1a (in the next path fork you can take a short route 1d towards Nonshaug.) The path passes the tree line and goes further to Skutlan. Now you are at the highest point of the route (1070 m.a.s.l.).

From Skutlan, where the path forks, you can take route 1b and proceed to Læshø or route 1c against Myrskardet (see section further down). The path 1a towards Soleggen runs in the eastern direction, south of the summit itself, to the summer farm Stymme. Follow the farm road further to Soleggen. In about 10 min one can reach a place where the trail splits. Gentle slope down to the dam at the lake Ausa. Go around the lake on the right side and up a hill until the path bifurcates again and leads you to Læshø (route 1b).

At the next bifurcation, take to the left. After a while you will reach a forest road and another bifurcation towards Nonshaug (route 1d). Route 1a keeps going down the forest road. Cross the Læsa brook and take left until you come to the old farm Skjæsar. Follow that waterway to the bifurcation at the start of the route. Estimated time: 5 hours.

You can vary 1a with several options:

 - 1b** Lom – Skutlan – Læshø (1204) – Lom. Estimated time: 4,5 hours
 - 1c** Lom – Skutlan – Myrskardet – Lom. Estimated time: 4 hours
 - 1d** Lom – Nonshaug – Lom. Estimated time: 2,5 hours



Nr. 3

Cultural Path

Bordvassvegen

Bordvassvegen is a cultural path where you follow an old waterway and get to know with history and traditions around irrigation culture in Lom. The trip goes on the sunny side of the gentle slopes and is a nice walk even if the weather is not at its best.

The cultural path has an information board behind the Norwegian Mountain Museum. The route to Bordvassvegen is tagged with red tags. You can follow the route description for the route to Lomseggen (yellow tagging) until Lomseggen and Bordvassvegen trails split. Then you can follow the red tagging in order to go along Bordvassvegen. You can follow the water from Bordv. down to Nordgard Aukrust (bio-dynamic since 1986), with romantic and useful gardens.



Nr. 2

Lomseggen

During this trip you walk into Breheimen National Park. View to the national parks Jotunheimen, Reinheimen and Rondane opens over the tree line. Bøverdal valley cuts in between the highest summits of Norway and you get a nice view towards the highest of them all – Galdhøpiggen (2469 m.a.s.l.).

From the roundabout in Lom center, cross the bridge over the Bøvre River. Leaving the The Norwegian Mountain

Tour information

- Until the middle of June there can be a lot of snow on the north side of the route. Ask about the conditions at the Tourist Information Office / The Norwegian Mountain Center.
 - Tor Jonsson's House is open for guided tours on request. More information at the Tourist Office.
 - Smith-hytta at 1150 m.a.s.l. is a stone hut built for a German artist in 1890.

Nr. 5 Via Ferrata Lomseggen

From Nissegården Lodge and Activities you can take a climbing route «Via Ferrata» to Lomseggen. Movie, tickets and safety equipment are required, and can be rented at Nissegården.



Nr. 4

Tronoberget

This is a hike close to Reinheimen National Park with a stunning view towards Lom center and over to Lomseggen with its summits Eggjapiken (1524 m.a.s.l.) and Storivilen (2064 m.a.s.l.). From the top of Tronoberget you can see parts of Finndalen Valley Landscape Conservation Area and Reinheimen National Park.

4a From the roundabout in the center of Lom, you cross the bridge over the Bøvre River at the waterfall. Turn right and down to the river and go over the Log Bridge (Utleggsbru which is a part of the Bergomsrunda walk). Go along Bøvre to Tronoden Bridge. The path goes up at the end of the bridge on the north side of the river. The route meanders in the terrain in a sparse spruce forest through small crags, sometimes a little steep. The tour to the top (Tronoberget) is a small detour (150 m) from the marked path. You can extend the hike from Tronoberget to Geitupphøe, approximately 1 hour. The route from Grjotheim is not as steep as the one you take from Tronoden. The road back to Tronoden has little traffic and is easy to walk on.

4b Tronoden to Staurustberget, follow route 4a to Tronoden. The route goes along the river northwest of the bridge end. Easy walk well sheltered from the northern wind.

Tour information:

- Do you want to take a shorter route? There is a parking place at the starting point for the routes on Tronoden on the north side of the Otta River.
- The route is located on the southern slopes in a dry terrain and is navigable from early spring.



Welcome to Lom National Park Village

Walks in Lom National Park Village



Map & information

**Lom
National
Park Village**

Bergomsrunda walk – where nature meets culture

The centre of Lom, Fossbergom, is one of five national park villages in Norway. It is a natural gateway to the national parks Jotunheimen, Reinheimen and Breheimen. In summer Fossbergom swarms with villagers and tourists. Villages can offer our guests a pleasant atmosphere with open air restaurants, cafes, shops, and many great tour options.

