



Galdhøpiggen (2469)

Sommerskiønter

Klimapark2469

Skardstinden (2373)

Storchø

Myrskardet

Veslshøi

Skutlan (1010)

Stygge

Soleggen

Læshø (1204)

Ausa

Kusletta

Nonshaug

Hansvegen

Flåkløya

Bøverdalen

Aukrust

Andvord

Andvord bru

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

Andvord

No. 1 The Road to the Summer Pastures

A well-marked cultural trail starting from the center of Lom – going up up to the viewpoint Skutlan, and optionally further to Læshøe (1216 masl.) Along the route there is information about local culture, history and surrounding nature phenomena.

- 1** From the center of Lom, go east for about 150 meters along road 15. Before you reach Fosheim Hotel, take a right and follow Ulstadvengen. In the middle of a U-turn the trail leads into a field. Go up the field and into a fenced pasture. After passing Kusletta turn left where the path forks, staying on route no. 1 towards Skutlan. You are now at the highest point of the route (1010 masl.). From here there are a several routes back to the center of Lom.
- 1a Roundtrip via Soleggen:** Route 1a continues from Skutlan eastward, via the summer pasture Stygge and then to Soleggen mountain lodge. Continue to lake Ausa (1000 masl.) Keep to the right of the lake and go up a small hill until you reach the fork to Læshø (route 1b.) Next a forest road and then the fork to Nonshaug (route 1d.) Continue down the forest road and across the stream Læsa. When you above the old farm Skjæsar you can either follow the old waterway to the fork at the start of the route - or go down to the road 15 and follow the sidewalk back to the town center. In total 14 km, estimated hours: 5.
- 1b Roundtrip via Læshø:** Route 1b follows the same route as 1a, but via Læshø (1204 masl.) instead of Stygge and Soleggen. In total 14 km, estimated hours: 4,5.
- 1c Roundtrip via Myrskardet:** Route 1c follows route 1 up to Skutlan and then turns north via Veslehøi and Myrskardet, before descending to Lom. The trail meets road 55 just west of Lom camping and the Andvord bridge. In total 8,2 km, estimated hours: 4.
- 1d Roundtrip via Nonshaug:** Route 1d is a shorter alternative, still with a nice view of Lom. Follow route 1 past Kusletta and then over Nonshaugen before heading back down to the center of Lom following route 1a. In total 5,9 km, estimated hours: 2,5.

Here you have a view to Rondane in the east, Dovrefjell and Reinheimen in the north, Breheimen in the west and Jotunheimen in the south.



No. 3 Cultural path Bordvassvegen

A cultural path following an old waterway where you get to learn more about the irrigation culture in Lom. The path runs through slightly hilly terrain on the sunny side of the valley, and is doable even in varied weather.

- 3** An easy round trip that starts and ends at the Norwegian Mountain Center. Follow red markings.
 - 3a** If you prefer a shorter hike, take a shortcut skipping the full loop around the waterway. This route is 5,9 km, estimated hours: 1,5.
- Nice to know:** Bordvassvegen goes through Andvord farm with animals grazing in the fenced pasture during the summer. If you want to avoid meeting them, follow the yellow marks above the pasture until you get to the forest road, and then to the left – back down to the Boardvassvegen path.



From Slettom towards Bord, the source of Bordvassvegen.

No. 2 Lomseggen

Lomseggen (1289 masl.) is a beautiful summit that rises above Lom. The hike offers majestic views of the surrounding valleys and mountains.

- 2** Follow a well marked path to the top – starting from the roundabout in the center of Lom. Go across the bridge and then left, up the road past The Norwegian Mountain Center and Storstabburet (the old store house.) When you get to Solsidevegen, go left. 200 meters past Andvord farm the trail turns right. Follow yellow markings towards Smith-hytta, at 1150 masl. This is a nice place to stop for lunch with a view towards Bøverdalen.
 - back down go through a gate, take Hovsvegen past the residential area and you should be back on Solsidevegen, the same road you took on your way up.
 - Want a longer route?** From the first peak follow the ridge up to Eggjapiken (1524 masl.), about 1 km distance or go all the way to Storvilen (2064 masl.), roughly 8 km one way on an unmarked trail.
 - Nice to know:** Until mid-June there may be snow on the north side of the route. Ask about the conditions at the Tourist information or the Norwegian Mountain Center.
- Via Ferrata Lomseggen
The campsite Nissegården offers a "Via Ferrata" climbing route to Lomseggen. Info video, tickets and safety equipment required.
More information at the campsite.



Smithhytta, a cabin located just above the treeline on the way up to Lomseggen from the south.

No. 4 Tronoberget & Olavsrådet

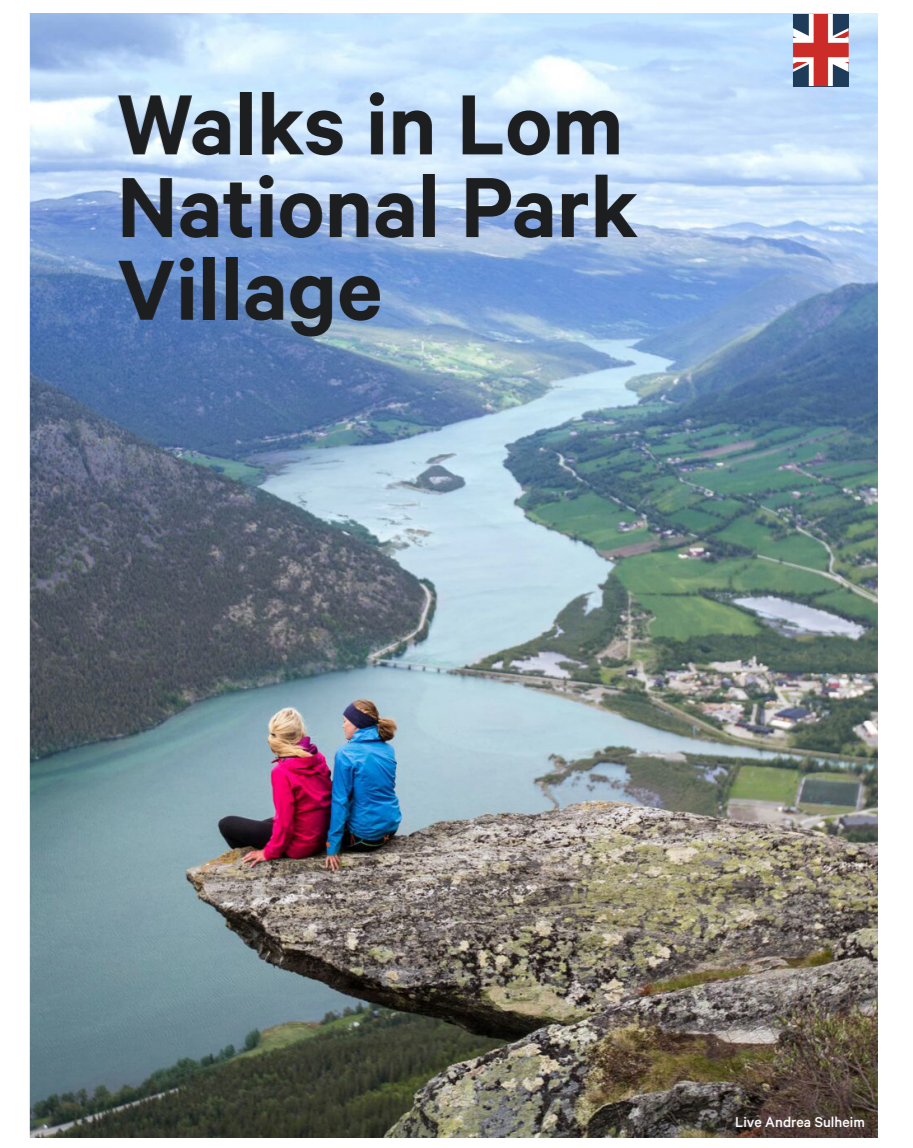
Tronoberget (890 masl.) is an easily accessible mountain hike. When you reach Tronoberget you can continue following the path Olavsrådet - in the footprints of Saint Olav.

- 4** Starting from the roundabout in the center of town, cross the bridge over the river Bøvre, then take a right and cross the wooden bridge. Follow the river embankment along Bøvre, over the bridge Tronoddbua to Tronodden. The path goes up at the end of the bridge on the north side of the river, twisting and turning its way up the hill past sparse pine trees, some rocky terrain and occasional steep areas. The top offers a nice view of the center of Lom, Lomseggen and Storvilen.
- 4a Roundtrip via Grjøtheim:** Just below the top of Tronoberget, take left at the fork towards Grjøtheim. This trail is not as steep as route 4 and there is not much traffic on the road back to Tronodden. This round trip is 9,5 km long starting from the center of Lom, Estimated hours: 3,5 –4.
- 4b Skimhytta og Staurustberget:** Follow route 4 to Tronodden. The path goes along the lake, northwest from the end of the bridge. Easy terrain. To Skimhytta it is 2,7 km. Estimated hours both ways in total: 1,5 It is possible to continue to Staurustberget.
- 4c Roundtrip via Olavsrådet:** First, follow route 4 to Tronoberget, then to the point where the path splits, just below Geitupphøe. The route from here is marked yellow, and goes up to the highest point by Øvre Bergetjønn (1050 masl.) before turning west. After crossing some streams, you reach a tractor road leading you down the summer pasture Stavåsen. Along the path down to the river Ottaelva you will find information about Saint Olav's journey from Lesja to Lom in the year 1021. The path goes east along the lake to Staurustberget and then Tronodden (route 4b.) Starting from the center of Lom the round trip is 15 km, estimated hours: 5.



Stavåsen, a hill that's said to have been visited by St. Olav, with a view to the west towards Skjåk.

Welcome to Lom National Park Village



Live Andreas Solheim

Map & information

Lom National Park Village

Sustainable
Local engagement
in a long perspective

Visit JOTUNHEIMEN
www.visitjotunheimen.com

Environmental protection is listed as one of the most important tasks on the agenda of Lom municipality, and we want to preserve the diversity of the nature and manage resources, also for the benefit of future generations. As a guest in Lom, take part in this work by buying locally produced food, using local guides and taking consideration of the resource usage.

Above all we want you to enjoy your time in Lom! Welcome as a guest now and in the future!

You can find all information, equipment and guides you need to visit a national park. There are three national parks in Lom: Jotunheimen, Reinheimen and Breheimen.

Lom is a place where you can get extraordinary natural and cultural experiences, because of its special qualities. Lom was chosen to be one of the five national park villages in Norway by the Ministry of the Environment in 2008. About 90 % of the municipality's area is glaciers and mountains. Galdhøpiggen and Glitterind center of Lom is called Fossbergom and is located at 380 m above sea level. Here you can find all information, equipment and guides you need to visit a national park. There are three national parks in Lom: Jotunheimen, Reinheimen and Breheimen.

Lom National Park Village

9,5 km 900 elv 5 h

3,1 km 500 elv 3 h

9,8 km 300 elv 2,5 h

3,5 km 660 elv 3-4 h



Lom
National
Park Village

Bergomsrunda

– where nature meets culture

The center of Lom, Fossbergom, is one of five national park villages in Norway. It is a natural gateway to the national parks Jotunheimen, Reinheimen and Breheimen. In summer Fossbergom swarms with villagers and tourists. We can offer our guests a pleasant atmosphere with open-air restaurants, cafes, shops, an accomplished architecture and many great tour options.



Welcome to Lom National Park Village!



1 Lom Stave Church
Lom Stave Church is one of the largest of its kind in Norway and dates back to 158-59. It is still the main church in Lom. Guiding in May – September (outside the season should be booked).



2 Loar
This is where the old parsonage in Lom used to be. The building itself, which was formerly a barn, dates back to the early 1900s, a time when different types of livestock lived under the same roof on many farms. Today you can find a library in the building.



3 Steinfjaset
Steinfjaset (a cowshed) is one of a kind and the only original building left of the old parsonage. Steinfjaset is currently used as a gym for the elementary school.



4 Storstaburet
Storstaburet was built in 1613, and is the biggest store house in Norway. Inside, you can find an exhibition about the old irrigation culture in the villages of Ottadalen valley.



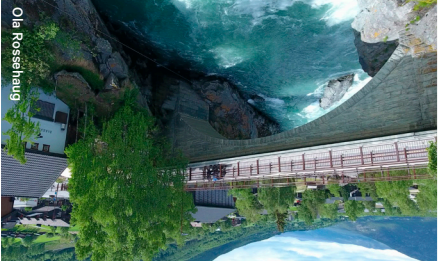
5 Lom Rural Museum – Presthaugen
Lom Rural Museum is situated in Presthaugen, which is also a meeting place in Lom. It is an open-air museum with 22 listed buildings from the period of 1613 – 1900. A marked path goes around Presthaugen.



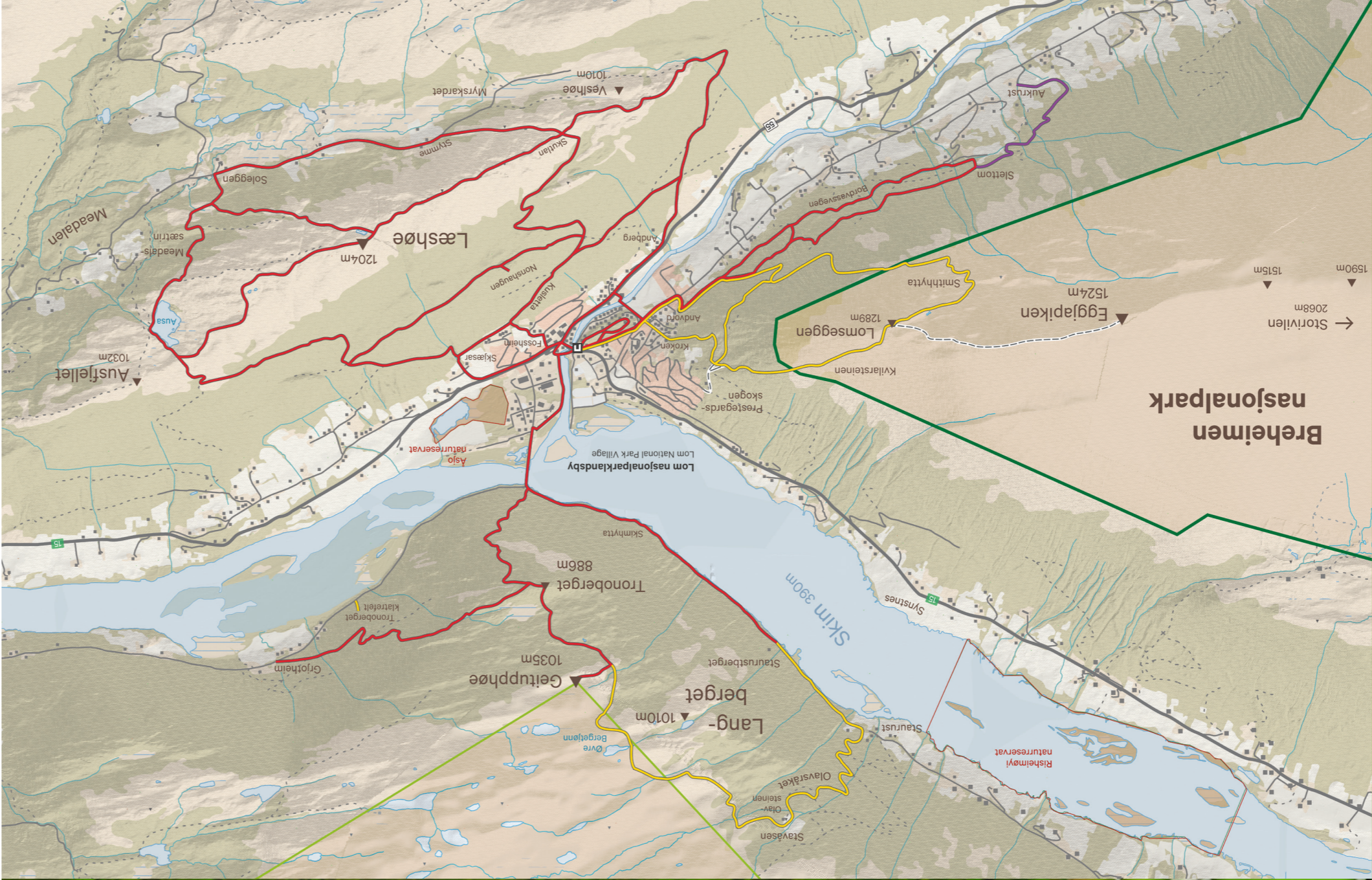
6 The Norwegian Mountain Center
Enjoy exhibitions and find information on how to best explore the area at the Norwegian Mountain Center. Located in the center of Lom, this is also the national park and Breheimen. In the shop, you will find maps, mountain-related books for children and adults, local handicraft and souvenirs.



7 Prestosttraverson
The zipline runs over the mighty Prestfossen, in the middle of Fossbergom, right under the Prestfossen, and one of the first water power plants in Norway was put into operation in the early 1920s.



8 Utstadvua Bridge
The Bøvre River flows from the highest points of Jotunheimen. The volume of water varies throughout the year from 1 m3 to 300 m3/sec during the biggest floods. There used to be a sawmill and mill by the waterfall. Contact Aktiv i Lom for more information.



9 Bakery in Lom
The Bakery was established by master chef and baker Morten Schakenda and is one of the most famous bakeries in Norway. Other places offering food service are Brimbug, Sentra, Milano, Fossberg, Fossheim, Nordal, Ezzo and Circle K.



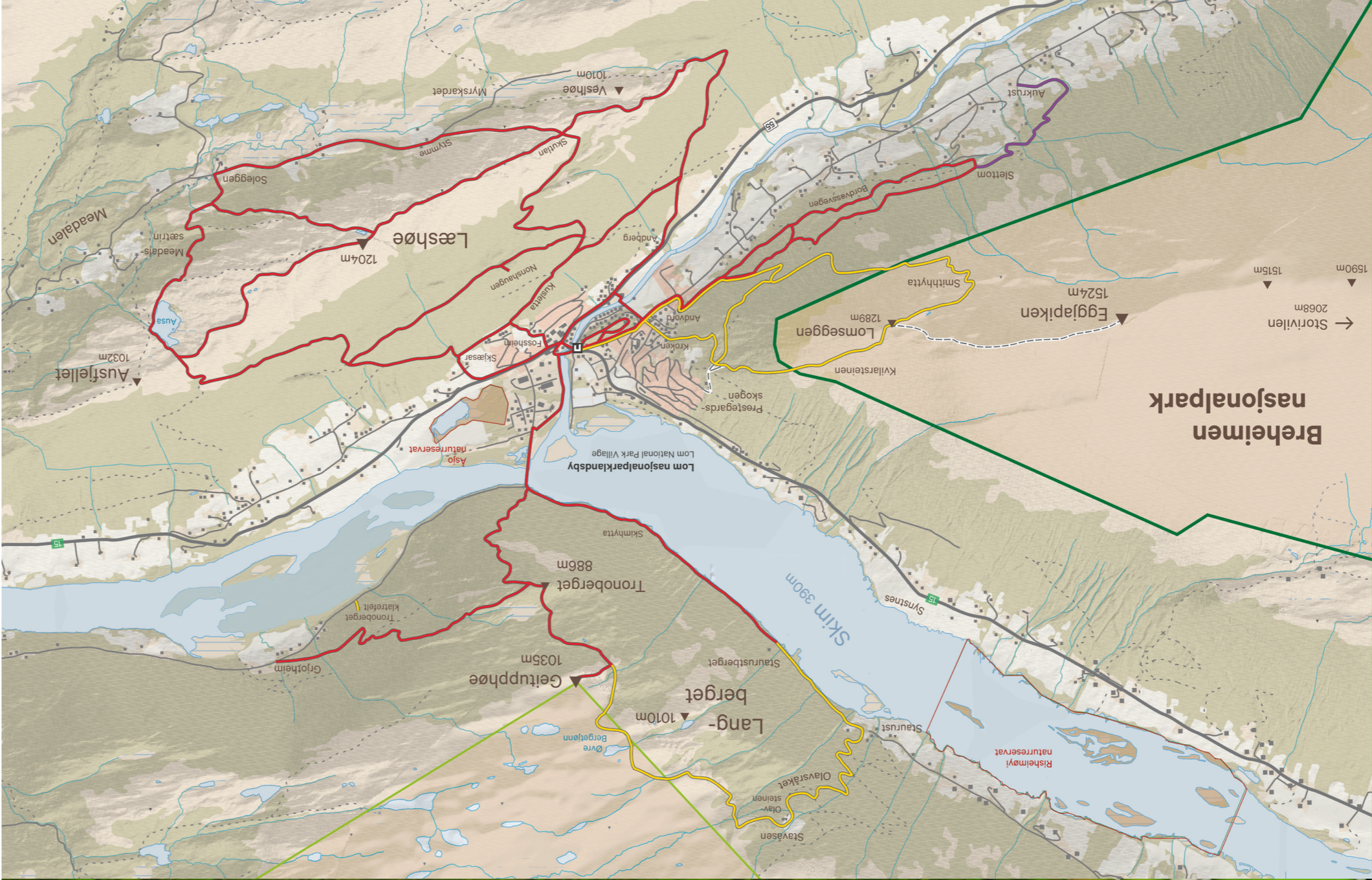
10 Vassaglen – water roost
An old proverb in Lom says "If the Lord gives us sun, we will provide the water ourselves". Water was a scarce resource, so it was important not to waste it. The water roost illustrates how life-giving water was led down from the mountains with the help of wooden irrigation canals. The roost was designed by architect Torbjørn Fjellstad, and erected by Lom Municipality in 1985.



11 Tor Jonsson memorial
The stone is a memorial to the famous Norwegian poet Tor Jonsson (1916 – 1951), who grew up in Lom. Tor Jonsson committed suicide in 1951, and was awarded the Norwegian Critics Prize for Literature posthumously.



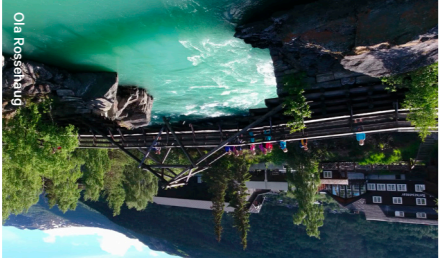
12 Fossheim Hotel
Member of "The Historic Hotels and Restaurants", Fossheim's kitchen serves food made with local ingredients from nearby farms, rivers, lakes and mountains. Fossheim Hotel, Fossberg Hotel, and Nordal Tourist Center are all family businesses with more than 100 years of history, run by the same families.



14 Fossheim Stone Center
The Geological Museum has the biggest private exhibition of Norwegian gemstones and minerals in Norway. The Center includes a gallery, jewelry shop and workshop, where you can get help choosing a gem.



15 Lomsengen Activity Park
Lom is a place for active people. Here you can find a climbing tower and several free activity devices. If you want to use the tower ask the staff at Aktiv i Lom.



16 Utlegsbua log bridge
The bridge is built in the style of an 18th century log bridge. It is a modernised version of the oldest bridge constructions we know of – logs laid across a river. The bridge was built in cooperation between the Stokk & Stein company and carpentry students from Lom High School. It opened in 1993.



17 Andvordsbua Bridge
The footbridge by Lom Camping was officially opened in June 2016 and is a part of the Bergomsrunda walk. The bridge connects the trail on both sides of the Bøvre River. It is a good starting point for hikes to Lomsengen Peak, Bortvassveggen and Laeshø Peak.