



## No. 1 The Road to the Summer Pastures

3,5 km 660 elv 3-4 h

A well-marked cultural trail starting from the center of Lom – going up up to the viewpoint Skutlan, and optionally further to Læshø (1216 masl.) Along the route there is information about local culture, history and surrounding nature phenomena.

- 1** From the center of Lom, go east for about 150 meters along road 15. Before you reach Fosshjem Hotel, take a right and follow Ulstadvegen. In the middle of a U-turn the trail leads into a field. Go up the field and into a fenced pasture. After passing Kusletta turn left where the path forks, staying on route no. 1 towards Skutlan. You are now at the highest point of the route (1010 masl.). From here there are several routes back to the center of Lom.
- 1b Roundtrip via Læshø:** Route 1b follows the same route as 1a, but via Læshø (1204 masl.) instead of Stygge and Solsleggen. In total 14 km, estimated hours: 4,5.
- 1c Roundtrip via Myrskardet:** Route 1c follows route 1 up to Skutlan, then turns north around Veslshøi and Myrskardet. The route then follows Vittingvassvegen towards Kusletta, before descending back to Lom. Total distance 8,2 km, approximately 4 hours.
- 1d Roundtrip via Nonsnauhaug:** Route 1d is a shorter alternative, still with a nice view of Lom. Follow route 1 past Kusletta and then over Nonsnauhaugen before heading back down to the center of Lom following route 1a. In total 5,9 km, estimated hours: 2.

Here you have a view to Rondane in the east, Dovrefjell and Reinheimen in the north, Breheimen in the west and Jotunheimen in the south.

- 1a Roundtrip via Soleggen:** Route 1a continues from Skutlan eastward, via the summer pasture Stygge and then to Soleggen mountain lodge. Continue to lake AUSA (1000 masl.) Keep to the right of the lake and go up a small hill until you reach the fork to Læshø (route 1b.) Next a forest road and then the fork to Nonsnauhaug (route 1d.) Continue down the forest road and across the stream Læsa. When you above the old farm Skjæsar you can either follow the old waterway to the fork at the start of the route - or go down to the road 15 and follow the sidewalk back to the town center. In total 14 km, estimated hours: 5.



## No. 3 Cultural path Bordvassvegen

9,8 km 300 elv 2,5 h

A cultural path following an old waterway where you get to learn more about the irrigation culture in Lom. The path runs through slightly hilly terrain on the sunny side of the valley, and is doable even in varied weather.

- 3** An easy round trip that starts and ends at the Norwegian Mountain Center. Follow red markings.
- 3a** If you prefer a shorter hike, take a shortcut skipping the full loop around the waterway. This route is 5,9 km, estimated hours: 1,5.

From Bordvassvegen you can follow the waterway even further down to Nordgard Aukrust, a biodynamic farm (since 1986) with a lovely garden of flowers, vegetables and fresh herbs.

*Tip!* Walk through the Rural Museum on your way to Bordvassvegen. Here you'll find 22 listed buildings.



From Slettom towards Bord, the source of Bordvassvegen.

## No. 2 Lomseggen

9,5 km 900 elv 5 h

Lomseggen (1289 masl.) is a beautiful summit that rises above Lom. The hike offers majestic views of the surrounding valleys and mountains.

- 2** Follow a well marked path to the top – starting from the roundabout in the center of Lom. Go across the bridge and then left, up the road past The Norwegian Mountain Center and Storstaburet (the old store house.) When you get to Solsidevegen, go left. 200 meters past Andvord farm the trail turns right. Follow yellow markings towards Smith-hytta, at 1150 masl. This is a nice place to stop for lunch with a view towards Bøverdalen.

The trail continues in a wide arch up to the top of Lomseggen. From here you have several options. You can return the same way (5,9 km) or follow the route straight ahead, descending back to Lom on the east side of the mountain (3,6 km).

This trail goes down a small ravine and past the viewpoint Kvilarsteinen. Head down some steep areas near the tree line then follow a forest road a few hundred meters before continuing on a trail down through the forest. When you are almost



Smithhytta, a cabin located just above the treeline on the way up to Lomseggen from the south.

## No. 4 Tronoberget & Olavsrådet

3,1 km 500 elv 3 h

Tronoberget (890 masl.) is an easily accessible mountain hike. When you reach Tronoberget you can continue following the path Olavsrådet - in the footprints of Saint Olav.

- 4** Starting from the roundabout in the center of town, cross the bridge over the river Bøvre, then take a right and cross the wooden bridge. Follow the river embankment along Bøvre, over the bridge Tronoddbua to Tronodden. The path goes up at the end of the bridge on the north side of the river, twisting and turning its way up the hill past sparse pine trees, some rocky terrain and occasional steep areas. The top offers a nice view of the center of Lom, Lomseggen and Storvilven.

**Want a longer route?** Keep following the path to Geittupphøe (1020 masl.) 1,4 km, estimated 30 minutes from Tronoberget.

- 4a Roundtrip via Grjotheim:** Just below the top of Tronoberget, take left at the fork towards Grjotheim. This trail is not as steep as route 4 and there is not much traffic on the road back to Tronodden. This round trip is 9,5 km long starting from the center of Lom, Estimated hours: 3,5 - 4.



Stavåsen, a hill that's said to have been visited by St. Olav, with a view to the west towards Skjåk.

back down go through a gate, take Hovsvengen past the residential area and you should be back on Solsidevegen, the same road you took on your way up.

**Want a longer route?** From the first peak follow the ridge up to Eggjapikene (1524 masl.), about 1 km distance or go all the way to Storvilven (2064 masl.), roughly 8 km one way on an unmarked trail.

**Nice to know:** Until mid-June there may be snow on the north side of the route. Ask about the conditions at the Tourist information or the Norwegian Mountain Center.

Via Ferrata Lomseggen  
The campsite Nissegården offers a "Via Ferrata" climbing route to Lomseggen. Info video, tickets and safety equipment required.  
More information at the campsite.

# Welcome to Lom National Park Village



Visit Jotunheimen

The tour suggestions in this brochure – along with many more – can be found via the QR code below or on the website.

For more information about Lom and Jotunheimen, visit [visitjotunheimen.com](http://visitjotunheimen.com)

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Environmental protection is listed as one of the most important tasks on the agenda of Lom municipality, and we wish to preserve the diversity of the nature and manage resources, also for the benefit of future generations. As a municipality we have a responsibility to guide and take good consideration of the mountains, Galdhøpiggen and Gitterind, being the most famous landmarks. The center of Lom is called Fossbergom and is located at 380 m above sea level. Here you can find all information, equipment and guides you need to visit a national park. There are three national parks in Lom: Jotunheimen, Reinheimen and Breheimen.

Lom is a place where you can get extraordinary natural and cultural experiences. Because of its special qualities, Lom was chosen to be one of the five national Park Villages in Norway by the Ministry of the Environment and the municipality's area is glaciers and mountains, Galdhøpiggen and Gitterind, being the most famous landmarks. The center of Lom is called Fossbergom and is located at 380 m above sea level. Here you can find all information, equipment and guides you need to visit a national park. There are three national parks in Lom: Jotunheimen, Reinheimen and Breheimen.

Lokalt engasjement  
I et langt perspektiv

Thanks to the local trail hiking trails and a great association for excellent collaboration.

Berekrattig  
Reisemål



Lom  
National  
Park Village

# Bergomsrunda

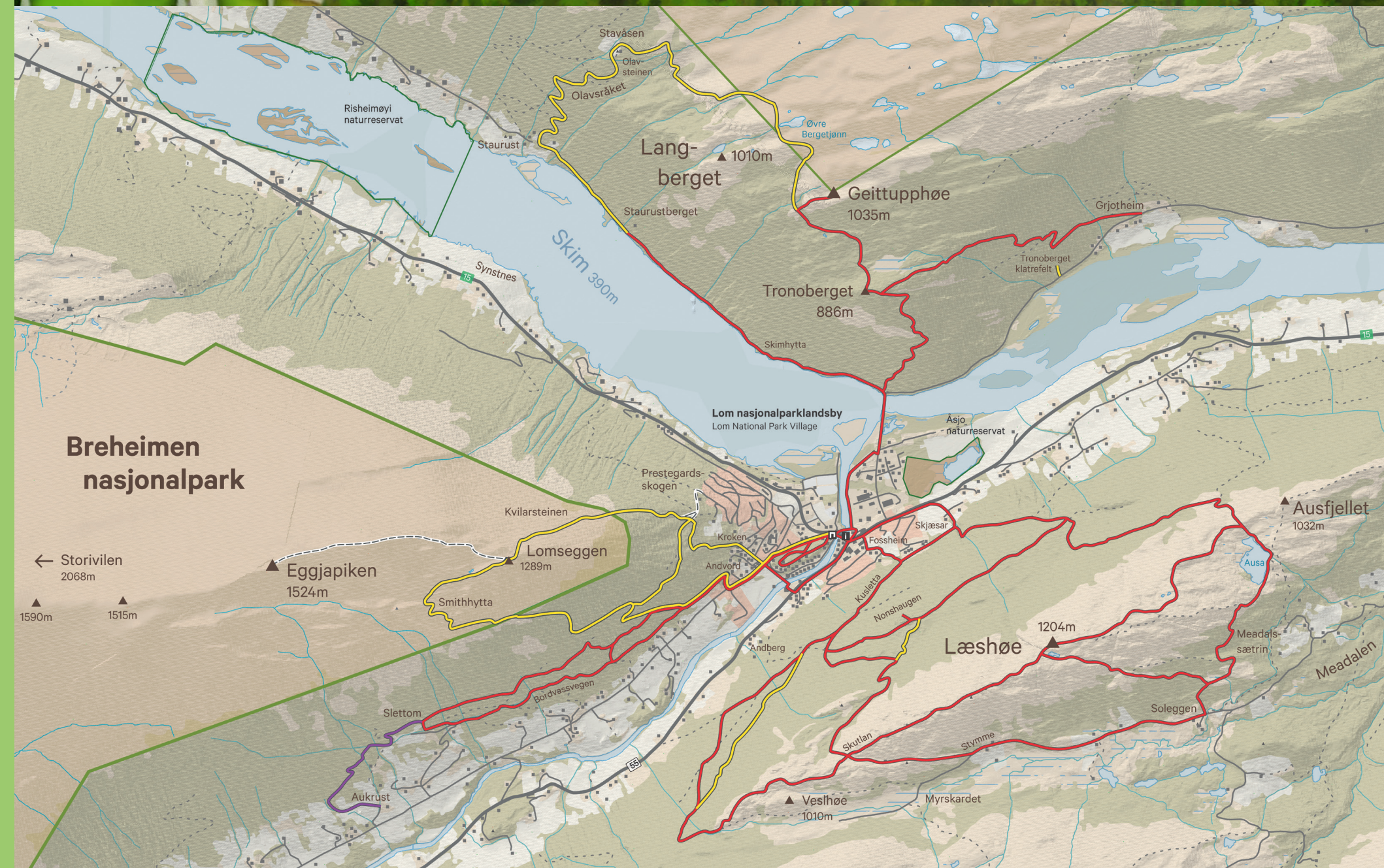
– where nature meets culture

The center of Lom, Fossbergom, is one of five national park villages in Norway. It is a natural gateway to the national parks Jotunheimen, Reinheimen and Breheimen.

In summer Fossbergom swarms with villagers and tourists. We can offer our guests a pleasant atmosphere with open-air restaurants, cafes, shops, an accomplished architecture and many great tour options.



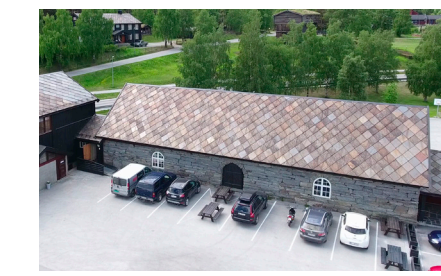
Welcome to Lom National Park Village!



**1 Lom Stave Church**  
Lom Stave Church is one of the largest of its kind in Norway and dates back to 1158-59. It is still the main church in Lom. Guiding in May – September (outside the season should be booked).



**2 Loar**  
This is where the old parsonage in Lom used to be. The building itself, which was formerly a barn, dates back to the early 1900s, a time when different types of livestock lived under the same roof on many farms. Today you can find a library in the building.



**3 Steinfjaset**  
Steinfjaset (a cowshed) is one of a kind and the only original building left of the old parsonage. Steinfjaset is currently used as a gym for the elementary school.



**4 Storstabburet**  
Storstabburet was built in 1613, and is the biggest store house in Norway. Inside, you can find an exhibition about the old irrigation culture in the villages of Ottadalen valley.



**5 Lom Rural Museum – Presthaugen**  
Lom Rural Museum is situated in Presthaugen, which is also a meeting place in Lom. It is an open-air museum with 22 listed buildings from the period of 1613 – 1900. A marked path goes around Presthaugen.



**6 The Norwegian Mountain Center**  
Enjoy exhibitions and find information on how to best explore the area at the Norwegian Mountain Center! Located in the center of Lom, this is also the national park visitor center for Jotunheimen, Reinheimen, and Breheimen. In the shop, you will find maps, mountain-related books for children and adults, local handicraft and souvenirs.



**7 Presfosstraversen**  
Presfosstraversen (zipline) was established in 2009, and has become a popular activity not only for young people, but older as well. The zipline runs over the mighty Prestfossen in the middle of Fossbergom, right under the Ulstad bridge. Contact Aktiv i Lom for more information.



**8 Ulstadbrua Bridge**  
The Bøvre River flows from the highest points of Jotunheimen. The volume of water varies throughout the year from 1 m3 to 300 m3/sec during the biggest floods. There used to be a sawmill and mill by the waterfall Prestfossen; and one of the first water power plants in Norway was put into operation in the early 1920s.



**9 Bakery in Lom**  
The Bakery was established by master chef and baker Morten Schakenda and is one of the most famous bakeries in Norway. Other places offering food service are BrimiBue, Sentral'n, Milano, Fossberg, Fossheim, Nordal, Esso and Circle K.

**Practical information:**  
The routes are signposted from the town centre. Bring suitable footwear, food and drink. Some of the routes can be steep in places. For more information about the tours, visit the tourist information centre or see [visitjotunheimen.no](http://visitjotunheimen.no).



- Parking
- Time Axis
- Trail to Bordvassvegen, Læshø und Tronoberget
- Bergomsrunda walk
- Trail to Lomseggen
- Charging point
- Public toilet
- Playground
- Tourist Information
- Visitor Center National Park



**10 Vassvåglen – water roost**  
An old proverb in Lom says "If the Lord gives us sun, we will provide the water ourselves". Water was a scarce resource, so it was important not to waste it. The water roost illustrates how life-giving water was led down from the mountains with the help of wooden irrigation canals. The roost was designed by architect Torbjørn Fjellstad, and erected by Lom Municipality in 1985.



**11 Tor Jonsson memorial**  
The stone is a memorial to the famous Norwegian poet Tor Jonsson (1916 – 1951), who grew up in Lom. Tor Jonsson committed suicide in 1951, and was awarded the Norwegian Critics Prize for Literature posthumously.



**12 Fossheim Hotel**  
Member of "The Historic Hotels and Restaurants", Fossheim's kitchen serves food made with local ingredients from nearby farms, rivers, lakes and mountains. Fossheim Hotel, Fossberg Hotel, and Nordal Tourist Center are all family businesses with more than 100 years of history, run by the same families.



**13 Time Axis**  
The Time Axis follows Bergomsrunda walk (marked with a white stippled line), and gives you an insight into Earth's 4600 million years old history.



**14 Fossheim Stone Center**  
The Geological Museum has the biggest private exhibition of Norwegian gemstones and minerals in Norway. The Center includes a gallery, jewellery shop and workshop, where you can get help choosing a gem.



**15 Lomseggen Activity Park**  
Lom is a place for active people. Here you can find a climbing tower and several free activity devices. If you want to use the tower ask the staff at Aktiv i Lom.



**16 Utlegsbrua log bridge**  
The bridge is built in the style of an 18th century log bridge. It is a modernised version of the oldest bridge constructions we know of – logs laid across a river. The bridge was built in cooperation between the "Stokk & Stein" company and carpentry students from Lom High School. It opened in 1993.



**17 Andvordsbrua Bridge**  
The footbridge by Lom Camping was officially opened in June 2016 and is a part of the Bergomsrunda walk. The bridge connects the trail on both sides of the Bøvre River. It is a good starting point for hikes to Lomseggen Peak , Bordvassvegen and Læshø Peak.