

**Nr.** 1

route (1070 m.a.s.l).



### Nr. 3 **Cultural Path** Bordvassvegen



## The Road to the **Summer Pastures**

See Rondane in the east, Dovrefjell and Reinheimen in the north, Breheimen in the west and Jotunheimen in the south. You can also see Galdhøpiggen if you take a detour to Læshø!

(1a) From roundabout in the center, go 150 meters east along highway 15. Before you reach Fossheim Hotel, take to the right and go up the Ulstadvegen. In the middle of a U-swing the path turns to the field. The path then goes straight up the field and to the fenced pasture. Turn right in the path fork to follow route 1a (in the next path fork vou can take a short route 1d towards Nonshaug.) The path passes the tree line and goes further to Skutlan. Now you are at the highest point of the

From Skutlan, where the path forks, you can take route 1b and proceed to Læshø or route 1c against Myrskardet (see section further down). The path 1a towards Soleggen runs in the eastern direction, south of the summit itself, to the summer farm Stymme. Follow the

10 min one can reach a place where the trail splits. Gentle slope down to the dam at the lake Ausa. Go around the lake on the right side and up a hill until the path bifurcates again and leads you to Læshø (route 1b).

At the next bifurcation, take to the left. After a while you will reach a forest road and another bifurcation towards Nonshaug (route 1d). Route 1a keeps going down the forest road. Cross the Læsa brook and take left until you come to the old farm Skjæsar. Follow that waterway to the bifurcation at the start of the route. Estimated time: 5 hours.

You can vary 1a with several options: b Lom – Skutlan – Læshø (1204) – om. Estimated time: 4,5 hours <mark>1c)</mark> Lom – Skutlan – Myrskardet – Lom. Estimated time: 4 hours farm road further to Soleggen. In about 🛛 🚹 Lom – Nonshaug – Lom.





Bordvassvegen is a cultural path where you follow an old waterway and get to know with history and traditions around irrigation culture in Lom. The trip goes on the sunny side of the gentle slopes and is a nice walk even if the weather is not at its best.

The cultural path has an information board behind the Norwegian Mountain Museum. The route to Bordvassvegen is tagged with red tags. You can follow the route description for the route to Lomseggen (yellow tagging) until Lomseggen and Bordvassvegen trails split. Then you can follow the red tagging in order to go along Bordvassvegen. You can follow the water from Bordv. down to Nordgard Aukrust (bio-dynamic since 1986), with romantic and useful gardens.

#### Tour information

Andvord farm and there can be cattle grazing in fenced pastures in summer. If you want to avoid grazing animals follow the yellow tagging above the farm until you see the first forest road. Go down the road to the left and you will see the Bordvassvegen again only a few meters down the hill.



From Slettom towards Bord, the source of Bordvassvegen, which is a road that goes to Bord.

### Nr. 2 Lomseggen

During this trip you walk into Breheimen National Park. View to the national parks Jotunheimen, Reinheimen and Rondane opens over the tree line. Bøverdalen valley cuts in between the highest summits of Norway and you get a nice view towards the highest of them all – Galdhøpiggen (2469 m.a.s.l.).

From the roundabout in Lom center, cross the bridge over the Bøvre River. Leaving the The Norwegian Mountain Center on your left side, go up the road and pass Storstabburet (the Big Barn). Go straight forward until you come ou to the asphalted Solsidevegen road. 200 meters after the elegant Sygard Andvord farm, the trail turns right. There are signs to Lomseggen, Bordvassvegen and Tor Jonsson's House. After about 300 m, Bordvassvegen trail (red tagging) and route to Lomseggen (yellow tagging) split.

The route passes by Smith-hytta stone hut at 1150 m.a.s.l. and goes into a big bow up to the front point of Lomsegger mountain. From Lomseggen you can go the same way back or follow the route further to the east. The trail goes down a ravine in the mountain (Vikeskåret), which is a bit steep. You'll pass Kvilarsteinen before reaching

the treeline. The path continues down through the forest, past a dirt road, and some residential houses before you're back on Solsidevegen where you passed on the way up.

#### Tour information:

- Until the middle of June there can be a lot of snow on the north side of the route. Ask about the conditions at the Tourist Information Office / The Norwegian Mountain Center.
- Tor Jonsson's House is open for guided tours on request. More information at the Tourist Office.
- Smith-hytta at 1150 m.a.s.l. is a stone hut built for a German artist in 1890.

Nr. 5 Via Ferrata Lomseggen From Nissegården Lodge and Activities you can take a climbing route «Via Ferrata» to Lomseggen. Movie, tickets and safety equipment are required, and can be rented at Nissegården.



Smithytta, a cabin located just above the treeline on the way up to Lomseggen from the sout

### Nr. 4 **Tronoberget / Olavs**råket (roundtrip)

A trip to Finndalen Landscape Protected Area near Reinheimen National Park in the historical footsteps of Saint Olav (1021).

The hike up to Tronoberget (890 m.a.s.l.) provides a great view of Lom and Lomseggen. From Geitupphøe, the view opens up to the west and north towards Skiåk and Reinheimen. Olavsråket takes you further northwest to Stavåsen, down to Ottaelva and back Øvre Bergetjønn, 1050 meters above to Tronodden.

4a From the roundabout in Lom, you cross the bridge over the waterfall known as Bøvra, on the downstream side of the bridge. When you get to the other side, you immediately take a right and follow the path down towards the river and cross the wooden bridge. Follow the river embankment along Bøvra over the Tronodd bridge to Tronodden. The trail goes up at the end of the bridge. The route winds up through sparse pine forest - a little steep at times. 200 m from the top, you will meet the path to Grjotheim. This route is not as steep as the one from Tronodden. The county road from Grjotheim to Tronodden is lightly trafficked and easy to walk.

**4b** From Tronodden to Skimhytta and Staurustberget: Follow route 4a to Tronodden. The route goes along the lake in a northwestern direction. Easy hike, well sheltered from the north wind. The last part of the round trip is around Tronoberget – Olavsråket.

4c Olavsråket: Follow route 4a to Tronoberget and further to where the path forks, just below Geitupphøe. From here, the route is marked with vellow color. The trail continues in easy terrain up to the highest point at sea level. The trail now turns more westward, gently downhill and crosses three small stream valleys before you reach a gravel road that leads you down to the summer mountain farm, Stavåsen. On the way down from Stavåsen to the Otta River, you will find information about St. Olav's journey from Lesja to Lom in 1021. The route now continues eastward along the riverbank until you meet route 4b at Staurustberget and further to Tronodden. The whole round trip from Lom city center is 15 km. This is considered a day trip, about 5 hours, including breaks.



Stavåsen, a hill that's said to have been visited by St. Olav, with a view to the west towards Skjåk.



the future! in Lom! Welcome as a guest now and in Above all we want you to enjoy your time

#### resource usage. environment by reducing littering and guides and taking consideration of the buying locally produced food, using local guest in Lom, take part in this work by the benefit of future generations. As a nature and manage resources, also for wish to preserve the diversity of the egenda of Lom municipality, and we one of the most important tasks on the

Environmental protection is listed as

# **National Park Village** Welcome to Lom

# Village





Park Village





in Lom: Jotunheimen, Reinheimen and park. There are three national parks and guides you need to visit a nationa you can find all information, equip center is called Fossbergom and here being the most tamous landmarks. Lom mountains, Galdhøpiggen and Glittertind the municipality's area is glaciers and of Norway in 2008. About 90 % of by the Ministry of the Environmer the five national park villages in Norway qualities, Lom was chosen to be one of experiences. Because of its specia extraordinary natural and cultural row is a place where you can get







#### 1 Lom Stave Church

May – September (outside the season should ni gnibiuð .mol ni doruch niem edd llits si tl kind in Norway and dates back to 1158-59. Lom Stave Church is one of the largest of its

### be booked).



### Presthaugen, which is also a meeting place Lom Rural Museum is situated in 5 Lom Rural Museum – Presthaugen

Presthaugen. 1613 – 1900. A marked path goes around protected buildings from the period of in Lom. It is an open air museum with 22



### 9 Bakery in Lom

Sentral'n, Milano, Fossberg, Fossheim, Nordal, places offering food services are BrimiBue, the most famous bakeries in Norway. Other and baker Morten Schakenda, and is one of The Bakery was established by master chef



of wooden irrigation canals. The roost was led down from the mountains with the help it was important not to waste it. The water water". Water was a scarce resource, hence our Lord, and we shall provide ourselves with



# The Geological Museum has the biggest

you can get help in choosing a gem. a gallery, jewelery shop and workshop, where and minerals in Norway. The Centre includes



#### ask staff at Aktiv I Lom. activity devices. If you want to use the tower, can find a climbing tower, and several free Lom is a place for active people. Here you 15 Lomseggen Activity Park

company and carpentry students from Lom



### Andvordsbrua Bridge

Peak, Bordvassvegen and Læshø Peak. a good starting point for hikes to Lomseggen the trail on both sides of the Bøvre River. It is the Bergomsrunda walk. The bridge connects o fricially opened in June 2016 and is a part of The footbridge by Lom Camping was



than 100 years of history, run by the same Centre are all family businesses with more



### built in cooperation between "Stokk & Stein" of – logs laid across a river. The bridge was of the oldest bridge constructions we know from 18th century. It is a modernised version The bridge is constructed as a log bridge 16 Utleggsbrua log bridge

High School. It opened in 1993.





Trail to Lomseggen

Bergomsrunda walk

Læshø und Tronoberget

Trail to Bordvassvegen,

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Parking







**National Park** 

Visitor Centre

Public toilet

Charging point

Tourist Information

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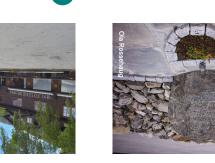


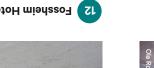


Hotel, Fossberg Hotel, and Nordal Tourist



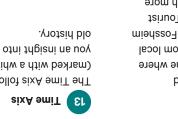
you an insight into Earth's 4600 million years (marked with a white stipple line), and gives The Time Axis follows Bergomsrunda walk





families.

farms, rivers, lakes, and mountains. Fossheim the food is cooked of ingredients from local Restaurants", Fossheim has a cuisine where

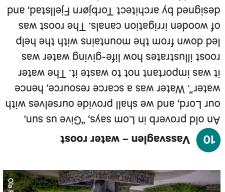








Prize for Literature post mortem. suicide in 1951, and got the Norwegian Critics who grew up in Lom. Tor Jonsson committed Norwegian poet Tor Jonsson (1916 – 1951), The rock is a memorial to the famous Tor Jonsson memorial





10 Vassvaglen – water roost

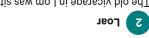












produce in Loar ("Loarutsalget"). Church Centre and a souvenir shop with local Today you can find Lom Library, Stave The old vicarage in Lom was situated here.



exhibition hall in summer.

3 Steinfjoset

a gym for elementary school and as an

vicarage. Steinfjoset is currently used as

and is the only original building left of the

Steinfjoset (a cowshed) is one of its kind,

information. Ulstad bridge. Contact Aktiv i Lom for more in the middle of Fossbergom, right under the The zipline runs over the mighty Prestfossen for not only young people, but older as well. in 2009, and has become a popular activity Prestfosstraversen (zipline) was established



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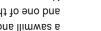
culture in the villages of Ottadalen valley.

biggest store house in Norway. Inside, you

Storstabburet is built in 1613, and is the

4 Storstabburet

can find an exhibition about the old irrigation



Norway was put into operation in the early and one of the first water power plants in a sawmill and a mill on Prestfossen Waterfall; m3/ sec during the biggest floods. There was varies throughout the year from 1 m3 to 300 points of Jotunheimen. The volume of water





### Practical information:

### or yellow tags. Nevertheless, we All routes are marked with red

maps, mountain-related books for children

and Breheimen. In the shop, you will find

centre of Lom, this is also a national park

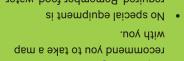
on how to best explore the area at the

Enjoy exhibitions and find information

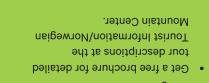
6 The Norwegian Mountain Center

visitor centre for Jotunheimen, Reinheimen,

Norwegian Mountain Center! Located in the



### seods boog bne required. Remember food, water

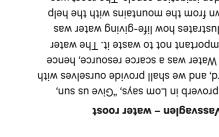










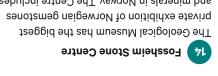














# where nature meets culture Bergomsrunda

many great tour options. accomplished architecture and restaurants, cafes, shops, an atmosphere with open air can offer our guests a pleasant with villagers and tourists. We In summer Fossbergom swarms









Breheimen. Jotunheimen, Reinheimen and gateway to the national parks in Norway. It is a natural five national park villages Fossbergom, is one of The centre of Lom,