



Nr. 1 The Road to the Summer Pastures

See Rondane in the east, Dovrefjell and Reinheimen in the north, Breheimen in the west and Jotunheimen in the south. You can also see Galdhøpiggen if you take a detour to Læshø!

1a From roundabout in the center, go 150 meters east along highway 15. Before you reach Fosheim Hotel, take to the right and go up the Ulstadvegen. In the middle of a U-swing the path turns to the field. The path then goes straight up the field and to the fenced pasture. Turn right in the path fork to follow route 1a (in the next path fork you can take a short route 1d towards Nonshaug.) The path passes the tree line and goes further to Skutlan. Now you are at the highest point of the route (1070 m.a.s.l.).

From Skutlan, where the path forks, you can take route 1b and proceed to Læshø or route 1c against Myrskardet (see section further down). The path 1a towards Soleggen runs in the eastern direction, south of the summit itself, to the summer farm Stygge. Follow the farm road further to Soleggen. In about

10 min one can reach a place where the trail splits. Gentle slope down to the dam at the lake Ausa. Go around the lake on the right side and up a hill until the path bifurcates again and leads you to Læshø (route 1b).

At the next bifurcation, take to the left. After a while you will reach a forest road and another bifurcation towards Nonshaug (route 1d). Route 1a keeps going down the forest road. Cross the Læsa brook and take left until you come to the old farm Skjæsar. Follow that waterway to the bifurcation at the start of the route. Estimated time: 5 hours.

You can vary 1a with several options:
1b Lom – Skutlan – Læshø (1204) – Lom. Estimated time: 4.5 hours
1c Lom – Skutlan – Myrskardet – Lom. Estimated time: 4 hours
1d Lom – Nonshaug – Lom. Estimated time: 2.5 hours



Nr. 3 Cultural Path Bordvassvegen

Bordvassvegen is a cultural path where you follow an old waterway and get to know with history and traditions around irrigation culture in Lom. The trip goes on the sunny side of the gentle slopes and is a nice walk even if the weather is not at its best.

The cultural path has an information board behind the Norwegian Mountain Museum. The route to Bordvassvegen is tagged with red tags. You can follow the route description for the route to Lomseggan (yellow tagging) until Lomseggan and Bordvassvegen trails split. Then you can follow the red tagging in order to go along Bordvassvegen. You can follow the water from Bordv. down to Nordgard Aukrust (bio-dynamic since 1986), with romantic and useful gardens.

Tour information:
• Bordvassvegen goes through Andvord farm and there can be cattle grazing in fenced pastures in summer. If you want to avoid grazing animals follow the yellow tagging above the farm until you see the first forest road. Go down the road to the left and you will see the Bordvassvegen again only a few meters down the hill.



From Slettom towards Bord, the source of Bordvassvegen, which is a road that goes to Bord.

Nr. 2 Lomseggan

During this trip you walk into Breheimen National Park. View to the national parks Jotunheimen, Reinheimen and Rondane opens over the tree line. Bøverdalen valley cuts in between the highest summits of Norway and you get a nice view towards the highest of them all – Galdhøpiggen (2469 m.a.s.l.).

From the roundabout in Lom center, cross the bridge over the Bøvre River. Leaving the The Norwegian Mountain Center on your left side, go up the road and pass Storstaburet (the Big Barn). Go straight forward until you come out to the asphalted Solsidevegen road. 200 meters after the elegant Sygard Andvord farm, the trail turns right. There are signs to Lomseggan, Bordvassvegen and Tor Jonsson's House. After about 300 m, Bordvassvegen trail (red tagging) and route to Lomseggan (yellow tagging) split.

The route passes by Smith-hytta stone hut at 1150 m.a.s.l. and goes into a big bow up to the front point of Lomseggan mountain. From Lomseggan you can go the same way back or follow the route further to the east. The trail goes down a ravine in the mountain (Vikeskåret), which is a bit steep. You'll pass Kvilarsteinen before reaching

the treeline. The path continues down through the forest, past a dirt road, and some residential houses before you're back on Solsidevegen where you passed on the way up.

Tour information:
• Until the middle of June there can be a lot of snow on the north side of the route. Ask about the conditions at the Tourist Information Office / The Norwegian Mountain Center.
• Tor Jonsson's House is open for guided tours on request. More information at the Tourist Office.
• Smith-hytta at 1150 m.a.s.l. is a stone hut built for a German artist in 1890.

Nr. 5 Via Ferrata Lomseggan
From Nissegården Lodge and Activities you can take a climbing route «Via Ferrata» to Lomseggan. Movie, tickets and safety equipment are required, and can be rented at Nissegården.



Smithhytta, a cabin located just above the treeline on the way up to Lomseggan from the south.

Nr. 4 Tronoberget / Olavs- råket (roundtrip)

A trip to Finndalen Landscape Protected Area near Reinheimen National Park in the historical footsteps of Saint Olav (1021).

The hike up to Tronoberget (890 m.a.s.l.) provides a great view of Lom and Lomseggan. From Geitupphøe, the view opens up to the west and north towards Skjåk and Reinheimen. Olavsraket takes you further northwest to Stavåsen, down to Ottaelva and back to Tronodden.

4a From the roundabout in Lom, you cross the bridge over the waterfall known as Bøvre, on the downstream side of the bridge. When you get to the other side, you immediately take a right and follow the path down towards the river and cross the wooden bridge. Follow the river embankment along Bøvre over the Tronodd bridge to Tronodden. The trail goes up at the end of the bridge. The route winds up through sparse pine forest - a little steep at times. 200 m from the top, you will meet the path to Grjøtheim. This route is not as steep as the one from Tronodden. The county road from Grjøtheim to Tronodden is lightly trafficked and easy to walk.

4b From Tronodden to Skimhytta and Staurustberget: Follow route 4a to Tronodden. The route goes along the lake in a northwestern direction. Easy hike, well sheltered from the north wind. The last part of the round trip is around Tronoberget – Olavsraket.

4c Olavsraket: Follow route 4a to Tronoberget and further to where the path forks, just below Geitupphøe. From here, the route is marked with yellow color. The trail continues in easy terrain up to the highest point at Øvre Bergetjønn, 1050 meters above sea level. The trail now turns more westward, gently downhill and crosses three small stream valleys before you reach a gravel road that leads you down to the summer mountain farm, Stavåsen. On the way down from Stavåsen to the Otta River, you will find information about St. Olav's journey from Lesja to Lom in 1021. The route now continues eastward along the riverbank until you meet route 4b at Staurustberget and further to Tronodden. The whole round trip from Lom city center is 15 km. This is considered a day trip, about 5 hours, including breaks.



Stavåsen, a hill that's said to have been visited by St. Olav, with a view to the west towards Skjåk.

Welcome to Lom National Park Village

Walks in Lom National Park Village



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Map & information



Environmental protection is listed as one of the most important tasks on the agenda of Lom municipality, and we wish to preserve the diversity of the nature and manage resources, also for the benefit of future generations. As a guest in Lom, take part in this work by buying locally produced food, using local guides and taking consideration of the mountain's, Galdhøpiggen and Gitterfjell being the most famous landmarks. Lom center is called Fossegom and here you can find all information, equipment and guides you need to visit a national park. There are three national parks in Lom: Jotunheimen, Reinheimen and Breheimen.

Above all we want you to enjoy your time in Lom! Welcome as a guest now and in the future!



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